

Essential Blood Screening Profile*



Full Blood Count:

- ❖ Haemoglobin
- ❖ Total Red Blood Cell Count
- ❖ Red Cell Distribution
- ❖ Haematocrit (PCV)
- ❖ Mean Cell Volume (MCV)
- ❖ Mean Cell Haemoglobin (MCH)
- ❖ Mean Corpuscular Hb Cone (MCHC)
- ❖ Total White Blood Count
- ❖ Differential Count (DC)
- ❖ Platelet Count

Renal Function Test:

- ❖ Sodium
- ❖ Potassium
- ❖ Chloride
- ❖ Urea
- ❖ Creatinine
- ❖ Uric Acid

Liver Function Test:

- ❖ Total Bilirubin
- ❖ Total Protein
- ❖ Albumin
- ❖ Globulin
- ❖ A/G Ratio
- ❖ Alkaline Phosphatase (ALP)
- ❖ Alkaline Transaminase (SGPT)
- ❖ Aspartate Transaminase (SGOT)
- ❖ Gamma-Glutamyl Transferase (GGT)

Lipid Profile:

- ❖ Total Cholesterol
- ❖ HDL- Cholesterol
- ❖ LDL- Cholesterol
- ❖ Triglycerides
- ❖ Cholesterol/HDL Ratio

Urine FEME:

- ❖ Appearance
- ❖ Urine S.G.
- ❖ Urine pH
- ❖ Nitrate
- ❖ Protein
- ❖ Glucose
- ❖ Ketone
- ❖ Urobilinogen
- ❖ Bilirubin
- ❖ RBD/HB/Myoglobin
- ❖ Microscopy

Diabetes Screening:

- ❖ Fasting Glucose
- ❖ HbA1c

Serum Electrolytes:

- ❖ Phosphate
- ❖ Calcium

Risk Marker (Stroke/Heart Attack):

- ❖ HsCRP



Vital Health Programme

Our **Vital Health Programme** for men and women under offers a general health screening package that's right for you. Benefits from peace of mind or early detection, ensuring you're free to enjoy the active life ahead.

No.	Test/Procedure	VHP 1	VHP 2	VHP 3	VHP 4
1	Physical Examination & History Taking	•	•	•	•
2	Body Mass Index (BMI)	•	•	•	•
3	Blood Pressure Screening	•	•	•	•
4	Vision – Snellen Chart	•	•	•	•
5	Electrocardiogram (ECG)		•	•	•
6	Urine Screening	•	•	•	•
7	Essential Blood Screening Profile*	•	•	•	•
	❖ Full blood count	•	•	•	•
	❖ Renal function test	•	•	•	•
	❖ liver function test	•	•	•	•
	❖ Lipid test (Cholesterol)	•	•	•	•
	❖ Urine FEME	•	•	•	•
	❖ Diabetes screening	•	•	•	•
	❖ Serum Electrolytes	•	•	•	•
	❖ Risk Marker (Stroke/Heart/Attack)	•	•	•	•
8	Additional Test:			•	•
	❖ Thyroid Stimulating Hormone				•
	❖ Free T4				•
	❖ Free T3				•
	❖ Microalbumin (ACR)				•
	❖ Helicobacter Pylori				•
	❖ Homocysteine				•
	❖ Hepatitis A Antibody				•
	❖ Hepatitis B Screening				•
	❖ HIV Screening				•
	❖ Rheumatoid Factor RF				•
	❖ Syphilis TP-Ab				•
	❖ Iron Status (Iron, Transferrin %)				•
	❖ Carcinoembryonic Antigen (CEA) Tumor Marker				•
	❖ Alpha-fetoprotein (AFP) Tumor Marker				•
	❖ EBV VCA IgA (Tumor Marker for Nose & Throat)				•
	❖ CA 19-9 (Tumor Marker for Gastro-Intestinal Cancer)				•
	❖ PSA (Tumor Marker for Prostate Cancer)				•
	❖ CA 125 (Tumor Marker for Ovarian Cancer)				•
	❖ CA 15-3 (Tumor Marker for Breast Cancer)				•
Packages Price		190	250	350	550

Select 8 Options

By HSC Doctor

Comprehensive Man's Health Programme



Our **Comprehensive Man's Health Programme** for men over 35 years of age provides an in-depth screening and health assessment to ensure you have the right knowledge to care for your own health.

No.	Test/Procedure	EMHP 1	EMHP 2	EMHP 3	PMHP 1	PMHP 2
1	Physical Examination & History Taking	•	•	•	•	•
2	Body Mass Index (BMI)	•	•	•	•	•
3	Blood Pressure Screening	•	•	•	•	•
4	Vision – Snellen Chart	•	•	•	•	•
5	Ultrasound of Abdomen and Pelvis	•	•	•	•	•
6	Electrocardiogram (ECG)	•	•	•	•	•
7	Urine Screening	•	•	•		
8	Essential Blood Screening Profile*	•	•	•	•	•
	❖ Full blood count	•	•	•	•	•
	❖ Renal function test	•	•	•	•	•
	❖ liver function test	•	•	•	•	•
	❖ Lipid test (Cholesterol)	•	•	•	•	•
	❖ Urine FEME	•	•	•	•	•
	❖ Diabetes screening	•	•	•	•	•
	❖ Serum Electrolytes	•	•	•	•	•
	❖ Risk Marker (Stroke/Heart/Attack)	•	•	•	•	•
9	Additional Test:	•	•	•	•	•
	❖ Thyroid Stimulating Hormone	Select 8 Options	•	•	•	•
	❖ Free T4		•	•	•	•
	❖ Free T3		•	•	•	•
	❖ Microalbumin (ACR)		•	•	•	•
	❖ Helicobacter Pylori		•	•	•	•
	❖ Homocysteine		•	•	•	•
	❖ Hepatitis A Antibody		•	•	•	•
	❖ Hepatitis B Screening		•	•	•	•
	❖ HIV Screening		•	•	•	•
	❖ Rheumatoid Factor RF		•	•	•	•
	❖ Syphilis TP-Ab		•	•	•	•
	❖ Iron Status (Iron, Transferrin %)		•	•	•	•
	❖ Carcinoembryonic Antigen (CEA) Tumor Marker		•	•	•	•
	❖ Alpha-fetoprotein (AFP) Tumor Marker		•	•	•	•
	❖ EBV VCA IgA (Tumor Marker for Nose & Throat)		•	•	•	•
	❖ CA 19-9 (Tumor Marker for Gastro-Intestinal Cancer)	•	•	•	•	
	❖ PSA (Tumor Marker for Prostate Cancer)	•	•	•	•	
10	Stool Test	•	•	•	•	•
11	Troponin I, High Sensitive Quantitative (hsTnI)			Select 1 Option		•
12	Insulin Test					•
13	Diet Counselling				•	•
14	Body Composition & Fat Analysis				•	•
15	Musculoskeletal Comprehensive Assessment				•	•
Package Prices		550	750	850	1088	1288

By HSC Doctor/Specialist Doctor

Comprehensive Woman's Health Programme



Our **Comprehensive Woman's Health Programme** provides health screening for Women over 35 years of age, offering comprehensive testing for common conditions as well as osteoporosis and tumour marker screening.

No.	Test/Procedure	EWHP 1	EWHP 2	EWHP 3	PWHP 1	PWHP 2
1	Physical Examination & History Taking	•	•	•	•	•
2	Body Mass Index (BMI)	•	•	•	•	•
3	Blood Pressure Screening	•	•	•	•	•
4	Vision – Snellen Chart	•	•	•	•	•
5	Ultrasound of Abdomen and Pelvis	•	•	•	•	•
6	Electrocardiogram (ECG)	•	•	•	•	•
7	Thin Prep	•	•	•	•	•
8	Urine Screening	•	•	•	•	•
9	Essential Blood Screening Profile*	•	•	•	•	•
	❖ Full blood count	•	•	•	•	•
	❖ Renal function test	•	•	•	•	•
	❖ liver function test	•	•	•	•	•
	❖ Lipid test (Cholesterol)	•	•	•	•	•
	❖ Urine FEME	•	•	•	•	•
	❖ Diabetes screening	•	•	•	•	•
	❖ Serum Electrolytes	•	•	•	•	•
	❖ Risk Marker (Stroke/Heart/Attack)	•	•	•	•	•
10	Additional Test:	•	•	•	•	•
	❖ Thyroid Stimulating Hormone		•	•	•	•
	❖ Free T4		•	•	•	•
	❖ Free T3		•	•	•	•
	❖ Microalbumin (ACR)		•	•	•	•
	❖ Helicobacter Pylori		•	•	•	•
	❖ Homocysteine		•	•	•	•
	❖ Hepatitis A Antibody		•	•	•	•
	❖ Hepatitis B Screening		•	•	•	•
	❖ HIV Screening		•	•	•	•
	❖ Rheumatoid Factor RF		•	•	•	•
	❖ Syphilis TP-Ab		•	•	•	•
	❖ Iron Status (Iron, Transferrin %)		•	•	•	•
	❖ Carcinoembryonic Antigen (CEA) Tumor Marker		•	•	•	•
	❖ Alpha-fetoprotein (AFP) Tumor Marker		•	•	•	•
	❖ EBV VCA IgA (Tumor Marker for Nose & Throat)		•	•	•	•
	❖ CA 19-9 (Tumor Marker for Gastro-Intestinal Cancer)		•	•	•	•
	❖ CA 125 (Tumor Marker for Ovarian Cancer)		•	•	•	•
	❖ CA 15-3 (Tumor Marker for Breast Cancer)		•	•	•	•
11	Stool Test	•	•	•	•	•
12	Troponin I, High Sensitive Quantitative (hsTnI)			Select 1 Option		•
13	Insulin Test					•
14	Diet Counselling				•	•
15	Body Composition & Fat Analysis				•	•
16	Musculoskeletal Comprehensive Assessment				•	•
Package Prices		580	780	880	1138	1338

By HSC Doctor/Specialist Doctor